



Dream Sheet and Your Why

Begin to dream about what you want your life to look like and start developing your **WHY**. Your **WHY** is the fuel that keeps you focused on doing whatever it takes to stay committed and follow through on reaching your short-, mid- and long-term financial and life goals.

Your **WHY** is the motivational catalyst you use to change your money behavior once and for all. Accomplish more in life while being filled with joy and purpose. And by the way, it's fine to list some material items as part of your **WHY**. Go for it!

“PEOPLE LOSE THEIR WAY WHEN THEY LOSE THEIR WHY” –GAIL HYATT

A few examples of a **WHY** from people across the country include:

- ▶ I don't want to live paycheck to paycheck for the rest of my life.
- ▶ I want to start my own business someday.
- ▶ I want to provide well for my current or future family.
- ▶ I want to have financial security and retire early.
- ▶ I want to give and help others in need more consistently.
- ▶ I want to learn to manage money better than my parents did and have less money stress.
- ▶ I want to be financially free to travel on a consistent basis.
- ▶ And so many more ...

YOUR WHY

WHY DO YOU ULTIMATELY WANT TO BE FINANCIALLY SUCCESSFUL?

Your Personal Dream Sheet

Now, without any hesitation, list some big dreams and goals you would like to see happen in your life. Don't hold back. Don't let fear or hesitation enter into your mind. Be specific. Dream freely!

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

